

# Choose This Day...

A Bible study designed to bring understanding and decision.

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## The Sabbath Commandment

The fourth commandment of the law is practiced with such diversity; Saturday, Sunday, everyday is God's day and so on. It is even called by differing names; Sabbath, Christian Sabbath, Jewish Sabbath. What do the scriptures tell us about the fourth commandment?

**Opening prayer:** Gracious Father, with so many opinions abounding, may we truly hear Your voice in this matter. We know that the law is for us to keep, that it will be kept into eternity. Please direct our path, with Your light, Your word, as to the Sabbath day. We pray this in the name of Jesus Christ, our Lord, amen.

**Using the King James Bible, read each verse, filling in the missing words. What are the scriptures telling us about the fourth commandment?**

1. *Exodus 20:8-11* “\_\_\_\_\_ the sabbath day, to keep it \_\_\_\_\_. Six days shalt thou labour, and do all thy work: But the \_\_\_\_\_ day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord \_\_\_\_\_ the sabbath day, and \_\_\_\_\_ it.”
2. *Isaiah 58:13-14* “If thou turn away thy foot from the sabbath, from doing thy pleasure on my \_\_\_\_\_ day; and call the sabbath a delight, the holy of the Lord, honourable; and shalt \_\_\_\_\_ him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou \_\_\_\_\_ thyself in the Lord; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the Lord hath \_\_\_\_\_ it.”
3. *Luke 4:16* “And he came to Nazareth, where he had been brought up: and, as his \_\_\_\_\_ was, he went into the synagogue on the \_\_\_\_\_ day, and stood up for to read.”
4. *Genesis 2:1-3* “Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended his work which he had made; and he \_\_\_\_\_ on the seventh day from all his \_\_\_\_\_ which he had made. And God \_\_\_\_\_ the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.”
5. *Isaiah 66:22-23* “For as the \_\_\_\_\_ heavens and the \_\_\_\_\_ earth, which I will make, shall remain before me, saith the Lord, so shall your seed and your name remain. And it shall \_\_\_\_\_ to pass, that from one new moon to another, and from one sabbath to another, shall \_\_\_\_\_ flesh come to worship before me, saith the Lord.”
6. *Mark 2:27-28* “And he said unto them, the sabbath was made for \_\_\_\_\_ and \_\_\_\_\_ man for the sabbath:

Therefore the Son of man is \_\_\_\_\_ also of the sabbath.”

7. *Acts 1:12* “Then returned \_\_\_\_\_ unto Jerusalem from the mount called Olivet, which is from Jerusalem a \_\_\_\_\_ day’s journey.”

8. *Acts 13:44* “And the next sabbath day came almost the whole city together to \_\_\_\_\_ the word of God.”

9. *Acts 17:2* “And \_\_\_\_\_, as his \_\_\_\_\_ was, went in unto them, and three sabbath days reasoned with them out of the scriptures,”

10. *Revelation 1:10* “I was in the Spirit on the \_\_\_\_\_, and heard behind me a great voice, as of a trumpet.”

**From God’s word studied above, can you find the correct missing word in the list below to complete this fundamental principle?**

That the fourth commandment of this law requires that we \_\_\_\_\_ the seventh day of each week, commonly called \_\_\_\_\_, to abstinence from our labor, and to the performance of sacred and religious duties; that this is the \_\_\_\_\_ weekly Sabbath known to the Bible, being the day that was set apart \_\_\_\_\_ Paradise was lost, and which will be observed in Paradise \_\_\_\_\_; that the facts upon which the Sabbath institution is based \_\_\_\_\_ it to the seventh day, as they are not true of any other day; and that the terms Jewish Sabbath, as applied to the seventh day, and Christian Sabbath, as applied to the first day of the week, are names of human invention, \_\_\_\_\_ in fact, and \_\_\_\_\_ in meaning.

*before | restored | unscriptural | only | devote | confine | Saturday | false*

**Closing prayer:** Holy Father, we have come to understand that the Sabbath day, that You hallowed, has not been abolished. Forgive us of our ignorance. Give us the courage to stand for Your holy day. Guide us in all our activities of that sanctified day that we too may be sanctified as well, becoming a blessing and delight to You. We ask this in Jesus’ name, amen.

Further study: Deuteronomy 5:12-15; Acts 13:14; Acts 13:27; Acts 13:42; Acts 15:21; Acts 16:13; Acts 18:4

Answers: 1. Remember, holy, seventh, blessed, hallowed 2. holy, honour, delight, spoken 3. custom, Sabbath 4. rested, work, blessed 5. new, new, come, all 6. man, not, Lord 7. they, sabbath 8. hear 9. Paul, manner 10. Lord’s, day